

MEDICAL BIO

KAREN PRYOR, PhD, PT

Karen Pryor, PhD, PT, a licensed Physical Therapist known for her out-of-the-box approaches to children with Downs Syndrome, Spina Bifida and Autism.

She has come up with new games, methods of treatment and ways to stimulate children to grow and overcome many of the hindrances of their handicaps. She has seen Downs Syndrome children advance ahead of their ages...several Spina Bifida babies walk and an autistic child “wake up.” Dr. Pryor says “I am blessed when I have an opportunity to work with the children because the good that comes to them is for a lifetime.”

Dr. Pryor is a dynamic leader and team-builder, motivating others to excel. She is committed in helping others succeed with a unique combination of expertise in working with individuals, small groups, and large communities. She has a delightful sense of humor and has effective ways to communicate complex information in a manner of ease through her style of storytelling.

She is a contributing author in John Upledger D.O.’s book *Working Wonders*, author of a chapter in an upcoming Japanese book relating detoxification for health improvements, and contributing author in the Nashville Health & Wellness magazine. She’s currently in the editing stage of her book *Inside the Mind, Outside the Box: Inventive Ways to Raise Your Child*.



GENERAL BIO

KAREN PRYOR, PhD, PT

Karen Pryor, PhD, PT is a spunky, energetic and sincerely dedicated holistic Physical Therapist who has an out of the box approach to her business and life in general. Her life's mission is to treat and educate people, to help them make wise choices in their lifestyle, nutrition, hydration, and exercises in such a way to prepare the ground work for enjoying a healthy life.

Dr. Pryor has developed a Holistic Physical Therapy model of care to achieve patient outcomes ahead of standard conventional recovery. She is a dynamic leader and team-builder, motivating others to excel and committed in helping them succeed with a unique combination of expertise in working with individuals, small groups, and large communities. She has a delightful sense of humor and has effective ways to communicate complex information in a manner of ease through her style of storytelling.

She is the designer of the Pryor Disc Relief[®]. She is a contributing author in John Upledger D.O.'s book *Working Wonders*, author of a chapter in an upcoming Japanese book relating detoxification for health improvements, and contributing author in the Nashville Health & Wellness magazine. Pryor is currently in the editing stage of her book on advancing children from pre-birth to 8 years old holistic therapy program. Those who know her call her "Caring" instead of Karen because of her passion for healing and helping.