

# **HOLISTIC PEDIATRIC PHYSICAL THERAPY – HOW LOOKING AT THE WHOLE CHILD MAKES ALL THE DIFFERENCE IN THEIR WORLD**

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A one-day course focusing on holistic pediatric evaluation in conjunction with advanced clinical treatment designed to enhance growth and development.

**Date:** Friday, November 13, 2009

**Location:** Tennessee State University

**Avon Williams Campus**

**Room 313**

**330 10<sup>th</sup> Avenue North**

**Nashville, TN 37203**

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## **DIRECTIONS**

The Avon Williams Campus is located in downtown Nashville at the intersection of Charlotte Avenue and 10<sup>th</sup> Avenue North.

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## **COURSE FEES**

Tuition: \$120.00 includes workbook

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## **COURSE DESCRIPTION**

The participant will receive an understanding of:

A Holistic view of the infant, toddler, child and parent serve to increase the speed of the developmental process.

How the home environment, nutrition, movement, stimulation and interaction with the child will determine the therapist's intervention and program activities.

Included in the seminar are: observations, findings and results of evaluation techniques. These are integrated into the treatment process for the child and parent/caregiver. The techniques are also immediately useable when the therapist returns to their practice.

Attendees will build clay brains, brain stem and spinal cords. Participants will take with them a fun understanding of the relationship of activities to the treatment objectives for the parent and baby.

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## **COURSE OBJECTIVES**

- Describe the role of patient/caregiver and their responsibility for the child's progress.
- Identify how memory and the body work with or against development.
- Identify the role of nutrition in healing in regards to deficiencies and adequate intake.
- Understand how toxins interfere with cell construction
- Identify and demonstrate appropriate techniques to effectively engage the parent/caregiver as an active participant in the rehabilitation and recovery process
- Understand the expanded evaluation and interview process employed in Holistic Pediatric Physical Therapy

## AGENDA

- 8:30 AM Registration and Pre-Test
- 9:00 AM Introduction of Holistic Pediatric Physical Therapy
- 9:10 AM Evaluation – Infant, Toddler, Child, Parent
- 10:00 AM Building the central nervous system
- 10:30 AM Primitive Reflexes: Where, Why, How
- 11:00 AM Break
- 11:00 AM Primitive Reflexes/Milestones
- 12:00 PM Lunch
- 1:00 PM Senses and relation to rehabilitation
- 2:00 PM Neuroplasticity and how to use it
- 3:00 PM Tools to teach and engage the parent/caregiver
- 4:00 PM Exercises that look a lot like play
- 4:45 PM Post-Test, Questions, Course Evaluation
- 5:00 PM Adjourn
- .7 CEU's awarded satisfies Class I requirements for continuing competence of the General Rules Governing the Practice of Physical Therapy 1150-1-.12 (5)(d)

## MEET THE SPEAKERS

**Karen Pryor, PhD, PT** earned her B.S. in Physical Therapy at the University of Central Arkansas in 1979, an M.S. in Natural Health from Clayton College in Alabama 1999, PhD. in Natural Health and N.D. (Naturopathic Doctorate) also from Clayton College in 2007. She has a Holistic Physical Therapy clinic in Brentwood, TN, Health Sphere Wellness Center, where Natural Health methods enhance Physical Therapy techniques. Dr Pryor sits on the advisory boards for Tennessee State University School of Physical Therapy, Volunteer State Community College Physical Therapy Assistant school and Nashville State Community College Medical Office Administration program as well The Greater Nashville Arthritis Foundation. She is currently an adjunct professor with Volunteer State Community College Physical Therapy School, in advanced therapeutic procedures, anatomy, physiology, kinesiology and neuroanatomy.

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